### Celebrate Recovery 12 Steps and Biblical Comparisons

If we confess our sins, he is faithful and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9 NIV

# 8. We made a list of all persons we had harmed and became willing to make amends to them all.

Do to others as you would have them do to you. Luke 6:31 NIV

# 9. We made direct amends to such people whenever possible, except when to do so would injure them or others.

Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. Matthew 5:23-24 NIV

# **10**. We continue to take personal inventory and when we were wrong, promptly admitted it.

So, if you think you are standing firm, be careful that you don't fall! 1 Corinthians 10:12

**11**. We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us, and power to carry that out.

Let the word of Christ dwell in you richly. Colossians 3:16a NIV

# 12. Having had a spiritual experience as the result of these steps, we try to carry this message to others and practice these principles in all our affairs.

Brothers, if someone is caught in a sin, you who are spiritual should restore them gently. But watch yourself, or you also may be tempted. Galatians 6:1 NIV

## The Serenity Trayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can. and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time; accépting hardship as a pathway to taking, as Jesus did, this sinful world as it is, not as I would have it; Trusting that You will make all things right if I surrender to Your will; so that that I may be reasonably happy in this life and supremely happy with You forever in the next. Amen. -Reinhold Niebuhr





A Christ-Centered Recovery Program

"The power to change only comes from God's grace"

### Sunday Afternoon 4:00-6:00pm

Drive-In Christian Church 3140 S. Atlantic Ave Daytona Beach Shores, Fl 32118

For questions or assistance please call the church office @ 386-767-8761

#### 8 Principles based on the Beatitudes of Matthew

**1.** Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

"Happy are those who know they are spiritually poor." Matthew 5:3

2. Earnestly believe that God exists, that I matter to Him, and that He has the Power to help me recover.

"Happy are those who mourn, for they shall be comforted." Matthew 5:4

**3. Consciously choose to commit all my life and will to Christ's care and control.** 

"Happy are the meek." Matthew 5:5

4. Openly examine and confess my faults to myself, to God, and to someone I trust.

"Happy are the pure in heart." Matthew 5:8

5. Voluntarily submit to every change God wants to make in my life and humbly ask him to remove my character defects.

"Happy are those whose greatest desire is to do what God requires." Matthew 5:6

6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

"Happy are the merciful." Matthew 5:7 "Happy are the peacemakers." Matthew 5:9

7. Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God. "Happy are those who celebrate recovery"

8. Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

"Happy are those who are persecuted because they do what God requires." Matthew 5:10

## What Can I Expect at Celebrate Recovery?

• A large group meeting

• An open share small group

• Newcomers 101 (For your first week)

The Large group meeting is designed for the participant to set aside the busyness and stress of the outside world entering into a time of prayer, praise, and worship, and teaching as a way of getting in touch with the One and only Higher Power, Jesus Christ.

The open share group meets immediately after the large group meeting and provides a place for participation to connect with other Celebrate Recovery attendees. This is a safe place where participants can be in gender-specific groups and issue-specific groups.

Newcomer 101 is for first-time attendees and will help them better understand what Celebrate Recovery is all about as well as provide Them the opportunity to ask questions or process your feelings in a safe environment before they make a commitment to a small group.

After you have attended Celebrate Recovery for a while, you will join a step study. The step study small group is for those who are ready to delve deeper into their past and the choices they have made. This is where participants will see real, lasting changes start to happen. Step studies take place another night of the week.

Addiction (Chemical and other) - Codependency -Anxiety/worry - Abused or Abuser - Control -Perfectionism - Unforgiveness - Resentment - Anger - Abandonement - Rejection - Idolatry - Identity Loss/ Confusion - Deception - Denial - Shame - Guilt - Grief -

PTSD, Isolation - etc. etc. etc. Fill in YOURS

#### Celebrate Recovery 12 Steps and Biblical Comparisons

**1**. We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.

I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. Romans 7:18 NIV

#### 2. We came to believe that a power greater than ourselves could restore us to sanity.

For it is God who works in you to will and to act according to his good purpose. Philippians 2:13 NIV

# 3. We made a decision to turn our lives and our wills over to the care of God.

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. Romans 12:1 NIV

# 4. We made a searching and fearless moral inventory of ourselves.

Let us examine our ways and test them, and let us return to the Lord. Lamentations 3:40 NIV

## 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Therefore confess your sins to each other and pray for each other so that you may be healed. James 5:16a NIV

## 6. We were entirely ready to have God remove all these defects of character.

Humble yourselves before the Lord, and he will lift you up. James 4:10 NIV

7. We humbly asked Him to remove all our shortcomings.