

## Stretching the Sermon

March 7, 2021

The following are intended to help the reader reflect back on the previous Sunday's sermon and offers an opportunity to dig deeper into ideas, concepts and reactions that will stretch what you have already gained from the sermon.

How you proceed, or if you proceed, is up to you. You may find that writing out answers suits you best. There is also the option of simply responding without writing. Another option is to go through this with a spouse or friend. You need not worry, as you will not be graded on your responses. My hope and prayer is that you will find it useful.

Please keep in mind that the sermons can be accessed on the church site.

1. How do you feel about putting others ahead of yourself?
2. Reflect on the list of "shoulds" that Pastor Bob listed, and ask yourself where you stand on them.
3. In which category do you find yourself: Content to always live by the rules, or feeling that it's okay to stray every once in a while? For whichever category you are in, how do you feel about trying out the other one to see what it is like?
4. Are there self inflicted "shoulds" in your life that you may want to consider letting go of?
5. Looking at the bottom line, what are the only "shoulds" that are important?